

Advanced Nurse Practitioner (ANP) Appointment Guide

Please note: one problem per consultation

Inclusion	Could a pharmacy help?
Abdominal pain	✓
Allergies	✓
Anxiety & low mood	
Asthma - acute exacerbation only	
Back pain	✓
Breast pain/lumps	
Chest infections	
Chest pain - if the pain <ul style="list-style-type: none"> • comes and goes • goes away quickly but you are still worried • or if you don't have a heart condition 	
Cold & flu symptoms	✓
Conjunctivitis	✓
Constipation	✓
COPD - acute exacerbation only	
Cough	✓
Deep vein thrombosis (DVT) - suspected	
Diarrhoea	✓
Dizziness	
Earache	
Eczema	✓
Emergency contraception	✓
Eye problems - minor	✓
Fever	✓
Haemorrhoids (piles)	✓
Hay fever	✓
Headaches	✓
Head lice	✓
Indigestion	✓
Joint pain	✓
Oral thrush	
Pulmonary embolism (PE) - suspected	
Scabies	✓
Sinusitis	✓
Shortness of breath	
Skin infections	
Sore throat	✓
Sprains	✓
Swollen glands	
Rashes	✓
Threadworms	✓
Tonsillitis	
Urinary problem / infections (UTI)	✓
Vaginal discharge / soreness / thrush	✓
Vomiting	

Exclusion
Chest pain – Call 999 if you have sudden chest pain that: <ul style="list-style-type: none">• spreads to your arms, back, neck or jaw• makes your chest feel tight or heavy• started with shortness of breath, sweating and feeling or being sick• lasts more than 15 minutes• or you already have a heart condition You could be having a heart attack and you may need immediate treatment in hospital
Complex medical problems
Internal examinations - rectal or vaginal
Long standing medical problems
Long-term conditions
Medication reviews
Multiple problems in one appointment
Routine blood tests
Routine referrals to hospital
Routine wound dressings